

A RESOURCE FOR SEPARATED PARENTS

Children and Parenting Through Separation and Divorce



Phillips Family Law

We have carefully selected a group of articles we've written for separated parents to become familiar with what to know about what Family Law says about separating with children.

This guide is divided into two sections:

- What to know about care arrangements , relocation and child support; and
- How to support your children and yourself through separation & divorce

We trust you will find this resource helpful.



Care Arrangements, Relocation & Child Support

What the Law says about Parenting Arrangements

The Family Law Act does not reference parental rights when children are involved. Instead, the focus is on the consideration of what is in a child's best interests. The paramount consideration is to protect children and focus on the responsibilities that parents have. This article explains the legal framework that applies in relation to parenting arrangements.

[Right click and open the article in a new tab here](#)

Children's Rights To See Both Parents

There is a notion that the Court has a preference for more time with mothers than fathers. We explain why this isn't the case and, if a parenting matter goes to Court, what test applies when considering the most suitable parenting arrangements for children.

[Right click and open the article in a new tab here](#)

Living Overseas With Children in Australia

If you or your child's other parent lives in another country and has child support obligations but does not want to make any payments, arrangements can sometimes be made to collect the child support payment. This article covers the laws and policies that are in place regarding child support if a separated parent is living outside Australia.

[Right click and open the article in a new tab here](#)

Important Considerations When Relocating With Children

Relocating with your children after going through separation or divorce is not as easy as others might think. This article helps anyone who is contemplating relocating with their children to learn of some important considerations before they take steps or pack their bags.

[Right click and open the article in a new tab here](#)

How Child Support Works

Child support and parenting care arrangements are determined in different ways. Even if child support is paid this does not have a direct link to the time that parents may be able to spend with their child. There may be other reasons why that time could still be more limited. This article covers what separated parents can expect when it comes to how much they can spend time with their children even if they pay child support.

[Right click and open the article in a new tab here](#)

Child Support Agreements - Advantages & Disadvantages

Divorcing parents can enter into formalised agreements called Binding Child Support Agreements to ensure that child support arrangements including those which involve payments to third parties, like school fees, are adhered to. This article explores what a Binding Child Support Agreement is and the advantages and disadvantages of getting one.

[Right click and open the article in a new tab here](#)

How to Help Your Children and Yourself Through Separation and Divorce

Books to Help Children Cope With Divorce

Books are helpful tools to help children cope with divorce. Hidden within the images and stories in these books there are messages that provide advice and coping mechanisms that will assist children to better understand their situation.

[Right click and open the article in a new tab here](#)

Helping Children Through Divorce - 4 Tips to Help Them Through Your Separation and Divorce

Children are as much affected as adults during a separation or divorce. But unlike adults, children might not understand the situation and might not know how to cope with a divorce in the family. This article covers some helpful tips to assist children through the separation process.

[Right click and open the article in a new tab here](#)

Surviving the Festive Season as a Separated Family

This article discusses four considerations that separated parents need to take into account to make it through the festive season. This will help parents to communicate arrangements early and hopefully to assist them to minimise disagreements.

[Right click and open the article in a new tab here](#)

How to Look After Yourself During Separation and Divorce

The end of a relationship is an emotional time for all concerned. Whilst the people we assist cope with the stages of grief in very different ways we see first-hand that mourning the loss of a relationship is one of the most difficult experiences people can go through.

For this reason, we share four simple but important things parents can do to manage some of the stress they experience during a separation or divorce.

[Right click and open the article in a new tab here](#)

A Message From Tony Phillips, Fiona Caulley & Olivia Phillips

For some of our clients who have come to us, often some time after separation, many reflect upon their experience and say they wish they had spoken to us earlier. They wish they hadn't agreed to certain arrangements with their former partner and had they understood the consequences of those seemingly innocuous decisions, they never would have made them.

A family lawyer, like those on our team, can foresee the ways in which people can take steps that avoid putting themselves in a vulnerable position from the start. Importantly, conversations with us are always private, irrespective of whether you choose to engage us or not.

We are here to help our clients be aware of their options regardless of where they are at in the decision-making process. An initial phone call with us is not a commitment to proceed, it is an opportunity to be informed before taking action.

It is always our client's decision as to whether they want to do something, or do nothing. It is always their decision to speed up or slow down. What is important is for them to be confident that they made decisions on an informed basis.

We hope you found this resource helpful.

Tony Phillips, Fiona Caulley & Olivia Phillips
Directors



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